

# Herald Union



Vol. X, No. 13

Serving the military communities of the 104th Area Support Group

April 1, 2003

## News flash

### Mail for Kuwait

Army Post Office zip codes for units in Kuwait and nearby countries are available only to family members and close friends of deployed soldiers, officials said. Programs that allowed the general public to send mail addressed to "Any Service Member" were cancelled more than a year ago. While the programs were popular with the public during Desert Storm and other operations, officials said security concerns and transportation constraints with military mail led to their cancellation. Websites such as [www.anyservice.member.navy.mil](http://www.anyservice.member.navy.mil) and Army Knowledge Online email were suggested by Army officials as alternate means to contact soldiers. Postal patrons are reminded that alcoholic beverages may not be mailed to the Gulf region. People sending items such as cigarettes and coffee should mark them non-rationed items rather than rationed items, Customs officials said. (*Army News Service*)

### Wrecker reward

Army law enforcement officials are offering a \$10,000 reward for information leading to the recovery of a military wrecker believed stolen from a motor pool in Würzburg. The M936WW five-ton wrecker (winch on front bumper), valued at \$126,000, was reported missing March 10. The vehicle was marked with the bumper number P890, but the bumper number many have been removed or changed. Contact your local Criminal Investigation Division Office or call mil 377-4906 if you have any information. (*USAREUR Public Affairs*)

### Kudos to journalists

The *Herald Union's* David Ruderman and Melody Joy Fields were winners at the Department of the Army level of the annual Keith L. Ware Journalism Competition. Ruderman earned third place in the Moss-Holland Civilian Journalist of the Year category and an honorable mention for a Story Series. Fields took an honorable mention in the Single or Stand Alone Photograph category.

### Uniform wear

Soldiers are reminded that U.S. European Command policy states "during Force Protection Condition Charlie the wearing of military uniforms off U.S. installations or in other controlled environments is authorized only while traveling between home and work, to official functions and for brief essential stops at child care facilities or a service station." Local commanders can establish even more stringent security measures to meet garrison and operational mission requirements. (*USAREUR Public Affairs*)



Photo by Karl Weisel

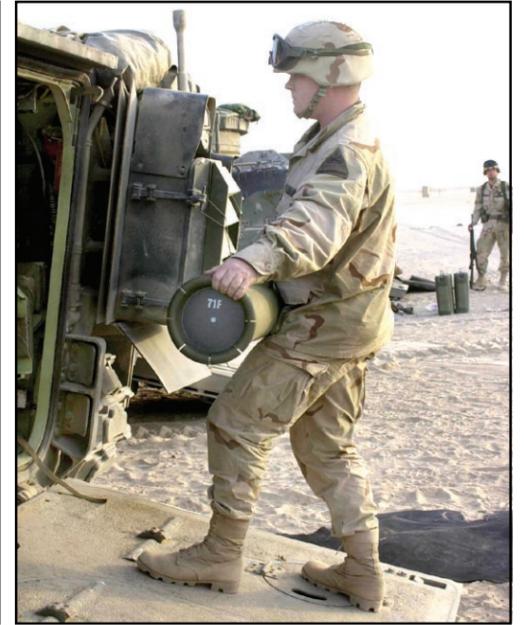


Photo by Staff Sgt. Michelle Labriel

## Two sides of war in Iraq

Hanau family members Leif (from left), Naomi and Serena Sauerwald share their feelings about their father's absence in support of Operation Iraqi Freedom with AFN. 1st Sgt. Charles Sauerwald, Battery E, 5-7th Air Defense Artillery, has been deployed since January. Photo right: Baumholder's Pfc. Gordon Boone, Company C, 2-6th Infantry, loads a TOW missile onto a Bradley Fighting Vehicle at Camp Virginia, Kuwait, March 23. The Baumholder soldiers deployed in support of Operation Iraqi Freedom March 18. See pages 12, 14 and 15 for more coverage.

# Joint security effort

## German forces work together to safeguard U.S. installations

By Anemone Rueger  
104th Area Support Group Public Affairs Office

With hundreds of American soldiers deployed or deploying to the Gulf region, German security forces have assumed guard duties at many U.S. installations throughout the 104th Area Support Group.

"In recent days we have changed the way we are doing force protection," said Lt. Col. Howard L. Malone, 104th ASG provost marshal. "German forces from different locations are working with the Pond's guards to assist us in providing security for our communities."

Support is coming from the Bundeswehr

### Women's History Month

## Women make 'slow and quiet' strides

By Karl Weisel  
104th Area Support Group Public Affairs Office

"It's a pleasure to discuss 'herstory,'" said Tracey Pinson, guest speaker at the Wiesbaden Women's History Month observance March 19.

Pinson, director of the Secretary of the Army's Small and Disadvantaged Business Utilization Office, shared her unique perspective as a long-time procurement specialist



Photo by Monika Frank

Bundeswehr soldiers Maj. Gen. Wolf-Dieter Löser (right) talks with Col. Bernd Kaltenbach while inspecting force protection measures at Dexheim's Anderson Barracks.

(German armed forces), the Polizei and the Bundesgrenzschutz (German Border Police), he said.

The Polizei and Bundesgrenzschutz are conducting patrols and law enforcement activities at installations guarded by Pond's guards. The Bundeswehr has established military security areas where they have full jurisdiction and operate under German law in cooperation with U.S. forces.

German rules of engagement differ somewhat from U.S. rules, said Malone. "If they tell you to stop, you had best stop, the same way you would with our soldiers," he said.

"The Bundeswehr, BGS and Polizei are doing a superb job protecting our soldiers, families and facilities," said Col. George A. Latham II, 104th ASG commander. "Their professionalism, discipline and high standards are evident in the force

protection posture they demonstrate daily. On behalf of our community of 50,000, thanks to our German partners."



Tracey Pinson

trip," she said. "After two centuries of being disenfranchised women are poised to play a dominant role in American society." Rather than taking giant strides throughout American history, Pinson described the "growing influence of women as a slow

See Women on page 4

# Commentary

## Coping with stress of war, deployments

Commentary by **Debra Hammer**  
284th Base Support Battalion family member

It seems the times are a-changing. We've gone from "lions, tigers and bears, oh my" to "anthrax, smallpox and deployments, oh my."

The times we are living in are particularly stressful due to deployments, our spouses receiving vaccinations much hyped in the media, the stop-movement order and war in Iraq. We must all take care of ourselves if we expect to be at our best and most effective. I have compiled some thoughts about how we can lessen our stress and remain at our best.

☉ **Take the news in moderation.**

Let's start at the source and just turn off the television, especially the "24/7 Terror Alert TV" newscasts. This is stress at its best, because no matter what is going on, some-

how it is a crisis. If you'll notice it is information overload at it's best — the actual newscast, complete with a timer, a ticker and a red tab proclaiming what "alert" we are currently facing. Remember back in the old days when the news came on once a day for 30-60 minutes? It was called the nightly news. Turn it off before it makes you even more nervous.

☉ **Make time for some peace and quiet.**

Do some yoga or read a good book. Meditate, pray or just sit in silence and have some down time. Many people are taking this opportunity to reconnect spirituality with what really matters — family. Find a place of worship — there are on-post chapels and off-post churches — check them out. You might also want to check out some nice relaxation music or nature sounds CDs. They are great.

☉ **Eat well to feel well.**

Staying well depends in part on what food we eat. Look for healthy alternatives to caffeine, high sugar foods and drinks, and junk food. Drink water, take your vitamins and eat your veggies.

☉ **Get active and stay loose.**

The sports and fitness center, the bowling center, movie and stage theater, Outdoor Recreation, USO and other free or subsidized recreation resources offer great opportunities to get out and about. If you need to get away from the military scene head to SATO Travel or a local German travel agency. Get away for a day, an overnight or a few days to a completely different environment. A simple change of scene can put you in touch

with better feelings.

☉ **Talk about your feelings.**

Take the time to talk things over with your family and friends. Don't be embarrassed to share your thoughts and anxieties. Chances are they will be a great support because some of them are in the same boat you are.

☉ **Keep things in perspective.**

Have patience and faith that we are going to make it through this. Being realistic and knowing that this time of uncertainty will pass can help you keep yourself in better emotional shape.

Last but not least, smile and keep your sense of humor. Laughing a lot is good for you physically, emotionally and spiritually.



## Our children: our toughest job, greatest gift

By **Flo King**

Friedberg Family Advocacy Program

Each year more than a million American children are abused or neglected by a family member or caretaker. Many of these cases are never reported.

April is Month of the Military Child and Child Abuse Prevention Month. It is fitting that our Army slogan this year is "Our Country, Our Children: Protecting Them Both."

Army Community Service and its Family Advocacy Program strive to make our community stronger for our children, which in turn produces healthy families. Our mission is empowering families to achieve their full potential.

Being a parent is the toughest, yet most rewarding and important job any of us will ever have. Every day our children present us with new challenges and rewards. Remember — each child is different. Remember — there is no such thing as a perfect parent or a perfect child.

Parents should ask themselves several questions. If you are very angry with your children to the point where you begin lashing out, are you really in control and what does that tell your children? As adults we have the responsibility to maintain a balance in our lives when it comes to our children

and their behavior. Children do as you do, not as you say. If you want your children to control their anger, then you must set a good example for them to follow.

If you speak and later regret it, remember before saying anything to think first about the situation and its possible repercussions. Being hurtful can touch children deeply and diminish their self-esteem. As parents we should always strive to pass on positive messages to our children, take the time to talk to them, set aside family time, stay calm and try to do what is fair. Sometimes your children can help you decide what is fair.

### Recognizing symptoms

The first step to preventing child abuse is learning to recognize the symptoms. There are four types — physical, neglect, sexual and emotional abuse, which are usually found in combination rather than alone. Any child, any age may experience some type of abuse, but younger children are more prone because of their helplessness.

You may ask yourself, "What is child abuse?" Child abuse is damage to a child for which there is no reasonable explanation. The next time everyday pressures build up to the

point where you feel like lashing out — stop. Try some of these simple alternatives.

☞ Take a deep breath ... and another and another, and then remember you are the adult.

☞ Put yourself in a time-out chair. Think about why you are angry. Is it your child, or is your child simply a convenient target for your anger?

☞ Phone a friend and talk it over.

☞ Turn on your favorite song. Try singing along.

Child abuse is everyone's business. The good news is that there are things each and every one of us can do to help. At Family Advocacy we understand the stresses of military life. Deployment anxiety, financial strains and separation can sometimes be contributing factors that lead to abuse. Your Army Community Service center and FAP offer prevention classes and provides resources to help you cope. We are here to help you make your children feel safe and loved at home.

Learn about key military and family support programs by contacting your community ACS office. Remember — although it's tough, parenting is the most rewarding work you will ever do.

## Together we will win this war

Commentary by **Gen. Burwell B. Bell**  
U.S. Army Europe commander

Our great nation and our coalition allies have launched a military operation to disarm Iraq of its weapons of mass destruction and remove its brutal dictator, Saddam Hussein, from power, returning Iraq



to the family of peaceful nations.

Today thousands of brave Americans are decisively engaged in or are supporting difficult combat operations. Our soldiers' sacrifices are great. These patriots need and deserve our spiritual support. Our thoughts and prayers are with each of them and their families.

Here at home there is potential for acts of terror. We all know this. I have confidence in our host nation law enforcement. I have equal confidence in our military force protection

measures. Our commitment to protect you is total. Force Protection Level Charlie is in effect. Report anything suspicious to your chain of command or police authorities.

Together we will win this war and our soldiers will return home. Our nation has committed America's sons and daughters to battle and we will prevail. God bless each and every USAREUR soldier, civilian and family member, and God bless the United States of America.

### Letter to the editor

#### Thanks for support of Fun Fest

I would like to thank all of the people and agencies who helped make the Month of the Military Fun Fest in Dexheim possible. Thank you to AAFES for donating a cake and coupons. Thank you to the Dexheim Community Spouses Club for your donation. Thank you to the Community Bank. Thank you to the Youth Services for your staff volunteers

in set up and face painting. Thank you to the elementary school for providing music. Thank you to BOSS and the 123rd Main Support Battalion for your soldier power and a wonderful DJ. Thank you so much to all of the volunteers in the Dexheim community who helped out and made the event possible.

Amy Cook, Dexheim ACS

## Herald Union

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## News flash

### Voting slogan

People have until July 11 to submit their entry in this year's Federal Voting Assistance voters slogan contest. The winning slogan will be featured in the voter awareness campaign materials and on the FVAP website at [www.fvap.gov](http://www.fvap.gov). All submissions must include the participant's full name, (service, if military), mailing address, daytime telephone number, fax number and email address (if applicable). Send entries via email to [slogan@fvap.ncr.gov](mailto:slogan@fvap.ncr.gov) (only one per email). Include the slogan in the body of the message rather than as an attachment, officials said. (Courtesy of Frankfurt Heute)

### Shipping cars stateside

All Privately Owned Vehicles shipped to the United States through the Military Traffic Management Command's Global Processing Contract must have U.S. Environmental Protection Agency and U.S. Department of Transportation labels affixed to the vehicle by the original vehicle manufacturer. The labels are required to prove the vehicle meets federal motor vehicle safety standards. Vehicles lacking the DOT label will not be accepted for shipment. They must be imported as "non-conforming" POVs. Owners of vehicles missing the EPA label must provide Vehicle Processing Center staff with either ► a manufacturer's letter containing the engine and vehicle identification numbers showing the vehicle is of U.S. origin and its engine is EPA certified, or ► a letter from the EPA certifying the vehicle meets all EPA import requirements. For details go to [www.hqusaeur.army.mil/opm/customs.htm](http://www.hqusaeur.army.mil/opm/customs.htm) or email [sonjud@rrd.mtmc598th.army.mil](mailto:sonjud@rrd.mtmc598th.army.mil). (104th ASG DOL)

### Iraqi Freedom website

The Army News Service now has a new website dedicated to coverage of Operation Iraqi Freedom. For news with multiple embedded photos from the front lines of the war, browse to [www.dtic.mil/armylink/news/stories](http://www.dtic.mil/armylink/news/stories). (ARNEWS)

# Honing warfighter support

## 7th ATC takes next step to enhance visual information services

By Karl Weisel

104th Area Support Group Public Affairs Office

Visual Information professionals from throughout Europe joined together March 18-20 near Rhein Main Airbase for a workshop and conference aimed at honing warfighter support. The first-of-its-kind gathering drew VI specialists from military communities in Germany, Italy, Belgium and the Netherlands to network and address equipment, personnel, mission and technology issues.

"We want to keep our eyes on the future and maintain our focus on technology," said Thomas Scarbath, 7th Army Training Command's Training Support Activity Europe chief. "Our main mission is to support the warfighter in the field.

"We realized that visual information was somewhat neglected in the past and we needed to properly resource the great employees we have to accomplish the mission," said Scarbath. "We also have people deploying to the Balkans, Spain and other areas to support our soldiers. The challenge is that technology is constantly changing and the timing of our resourcing of our folks is crucial."

The conference was a further step in enhancing soldier support after Training Support Centers in the 104th Area Support Group and all of U.S. Army Europe realigned under the 7th Army Training Command in October of 2001, said Tim Heefner, regional visual information manager for the 7th ATC's Training Support Activity Europe. The realignment streamlined services establishing five Regional Training Support Centers in Ger-



Photo by Martin Greeson

Visual Information professionals from throughout Europe listen as Thomas D. Scarbath, 7th ATC TSAE chief, describes future plans.

many including one in Friedberg and one in Baumholder that oversee local Training Support Centers.

Over the past year VI managers have stepped up their efforts to update equipment, standardize jobs and operations, and improve training opportunities.

"It really helps our employees get more proficient," said Scarbath. "It's a win-win situation for the employee and the organization. This is the first time we've done any-

thing on this scale and it's critical that we're doing it with our partners."

The workshop and conference brought not only VI professionals from throughout the 7th ATC organization together, but also experts from other supporting organizations such as V Corps Imaging, the Document Automation and Production Service, and Visual Information Services Europe.

"We're one large team — many

of whom have never met before," said Heefner, "so the networking opportunities are so important. We've also ensured that all of the equipment, training and job descriptions are standardized."

"It's all about supporting the warfighter and getting him ready to fight," said Robert Kramer, Visual Information Services Europe director. "A high-level planning conference like this helps us find out what everyone's doing and what the resources are. In days of limited resources and funding it's important not to duplicate services. A subset of that is that the technology is so overwhelming — the changes are exponential."

"We're in the information business and we need to start informing ourselves better," said Mayra McCloud, V Corps Imaging VI manager. "This is awesome — it should have been done a long time ago."

"This really helps revitalize the VI mission," said Sgt. Maj. Javier Otero, U.S. Army Europe VI manager. "It's been a long time coming to get all of these specialists together."

The goal is to continue to improve the capability to ensure better training and simulation opportunities and to enhance graphic, photo and video documentation, managers said.

"I've been overwhelmed by the enthusiasm of this crowd. The purchasing of equipment on a collective basis and future training opportunities make them ecstatic," said Scarbath. "It also helps us not make the same mistakes as in the past. I think the biggest thing I'm taking away from this is the camaraderie and enthusiasm."

## Make arrangements for continued Non Temporary Storage of personal property

Recent Stop Move/Stop Loss orders may affect both soldiers and civilians with personal property held in Non Temporary Storage in the United States. Those who moved to Europe with property in NTS and were subsequently affected by SM/SL must contact their servicing Personal Property Processing Office and provide a copy of their SM/SL orders, said 104th Areas Support Group Transportation officials.

Soldiers' orders will be forwarded and an authorization for continued NTS will be adjusted to

meet the new DEROS. Civilians' extensions will be handled by local Civilian Personnel Advisory Centers.

While notification procedures are in place to advise customers of potential conversion of their NTS to either personal expense storage or disposal, it remains the responsibility of soldiers and civilians to notify the proper agency in the event of a change in their DEROS. Copies of applicable orders can be obtained at the individual's servicing Personnel Services Detachment or CPAC, said officials.



Photo by Karl Weisel

## Tiptoe through the ...

Felines aren't the only ones moved to stop and smell the flowers with spring in full bloom. With the start of daylight-saving time in Europe March 30 community members are enjoying later sunsets. People in the United States will set their clocks ahead April 6 to mark the start of summer hours.

# News and features

## AFN: Frankfurt museum exhibit pays tribute to 60 years of service in Europe



Photo by Christine Kumpel

Kane Farabaugh (left), AFN TV producer, and Maj. Mike Pierson, AFN executive officer, participate in the opening of the special exhibition "60 Years of AFN" at Frankfurt's Historisches Museum March 26.

By Christine Kumpel  
414th Base Support Battalion  
Public Affairs Office

"We have been friends for more than 60 years now, and we have to live this friendship. This is why I am here tonight," said Petra Roth, Frankfurt lord mayor, addressing approximately 200 people at the opening of the exhibition "60 Years of AFN" March 26. The exhibition showcasing the history of the American Forces Network is open to the public through June 1 at the Frankfurt Historisches Museum.

Established in 1943 to serve U.S. troops stationed in Britain during World War II, AFN was also instrumental in influencing German post-war culture after 1945.

"AFN sent something special into the air — freedom from tyranny. We have not forgotten this and will not forget it," said Roth.

By providing a historical overview of six decades of AFN in the city of Frankfurt, the city adminis-

tration is not only paying homage to AFN for its cultural contributions, but also thanking the network for its achievements in light of its upcoming departure from the city next year. "The city of Frankfurt will miss AFN when it departs for Mannheim and Wiesbaden next year," said Roth. "I do regret this — it is a great pity for us."

The exhibition consists of studio equipment such as old microphones, record players, records and other technical equipment. The story of 60 years of AFN in Europe is told primarily through photographs and posters depicting the people and highlights of its history.

The Historisches Museum is open Tuesday, Thursday and Sunday from 10 a.m. to 5 p.m.; Wednesday from 4-8 p.m.; Friday from 10 a.m. to 2 p.m. and Saturday from 1-5 p.m. It is closed Mondays.

The museum is located opposite the Frankfurt Town Hall on the Römerplatz.

### News flash

#### Senior trips and school vacations

The Department of Defense Dependents Schools-Europe will not sponsor, sanction or authorize any school trips or vacation excursions for students during spring recess April 7-11. There may be legitimate trips offered by community agencies; however, they are in no way connected with DoDDS-Europe, officials said. DoDDS does not offer trips for seniors to vacation spots at anytime. Parents are advised to carefully research any trips or activities students are participating in during the upcoming spring recess and at other times of the year. (DoDDS-Europe Public Affairs)

#### AWAG conference

The American Women's Activities Germany holds its annual spring conference May 4-8 at the Armed Forces Recreation Center in Chiemsee. Cost is \$450 including accommodation, meals and training. Registration deadline is April 20. The four-day conference for military community volunteers will include classes, guest speakers, entertainment and more. For information call Catherine Locke at civ (06374) 802989 or send an email to [awaghessen@yahoo.com](mailto:awaghessen@yahoo.com) or [awageifel@yahoo.com](mailto:awageifel@yahoo.com).

#### Mail buildup

All unit and consolidated mail room users are reminded to pick up mail as soon as possible. Some mailrooms are being swamped with mail creating staging area problems for newly arriving mail. (IMA-Europe Public Affairs)

#### Gift certificates

The Army and Air Force Exchange Service offers "Gifts From the Homefront" gift certificates redeemable at AAFES exchanges around the world including Southwest Asia. Visit [www.aafes.com](http://www.aafes.com) for details.

#### Journalism scholarships

High school seniors planning to enter a four-year college offering a journalism/mass communications major may want to apply for one of three European Stars and Stripes \$1,000 scholarships. Applications are available at [www.estripes.com](http://www.estripes.com), through high school counselors or by calling Sandra Jones at mil 349-8214. Application deadline is April 20. (Stars and Stripes)

## Apply now for Summer Hire Program

By Karl Weisel

104th Area Support Group Public Affairs Office

Young people will have a chance to earn some cash and valuable work experience during the annual Summer Hire Program.

Interested children ages 14-23 of active duty military and Department of Defense civilians must submit a resume online and an inprocessing packet to their local Civilian Personnel Advisory Cen-

ter office to apply. Applications are now being accepted for the program which begins June 16 and runs through July 25.

To be considered first for any Summer Hire job openings, applicants should apply by May 2. The final closing date for applications is May 30.

"Summer Hire gives young people an opportunity to learn about careers and how to manage themselves in the working world," said

Roxanne Harding, a human resources assistant with the Hanau Civilian Personnel Advisory Center. "It also gives them an opportunity for employment with the federal government."

To submit an online resume browse to the Civilian Human Resource Management Agency Europe website at [www.chrma.hqusareur.army.mil](http://www.chrma.hqusareur.army.mil).

For more information call Harding at mil 322-1430 or civ (06181)

88-1430.

The Army and Air Force Exchange Service also offers Summer Hire jobs for 15-year-old students.

Jobs are available from June to August.

Youths earn \$5.14 per hour.

Students age 16 and up can also participate in the AAFES Summer Hire program — or they may apply as regular student hires and earn regular entry level pay. Apply online at [www.aafes.com](http://www.aafes.com).

## Women

Continued from page 1 and quiet revolution."

Even if women aren't yet dominant in the worlds of high finance and government they do wield massive influence over the economy, Pinson said. "Women today are responsible for 80 percent of consumer spending. That fact alone has caused a major shift in the way companies market their products. ... There's no mistaking it, we control most of the purchasing power.

"We are also the primary influence on leadership in raising future generations," she added. "I've seen a dramatic change in attitude ... I see more and more initiatives to encourage women-run businesses."

Pinson said women can also point to the long tradition of serving their country in the military, despite hurdles and setbacks. "Women, particularly black women,

have served in and around the military since the Revolutionary War. ... With freedom as an incentive, black women found innovative ways to serve."

Service during World War II, the Korean and Vietnam Wars eventually led to Desert Storm where some 35,000 women served, she said — 40 percent of

whom were African American. "They continue to play a vital role in the defense of our nation."

While numerous women such as Shirley Chisholm and Mary McLeod Bethune have played significant roles throughout American history, Pinson attributed the guidance provided by her grand-

mother and mother as crucial in her upbringing. "They endowed me with the principles and standards to live by. This strengthened my spirit and ability to succeed. My mother is truly my 'shero.'"

Her mother is the one who also showed her that knowing about sports is crucial to success in America. "It's interesting how often team sports are used in daily business interaction," she said referring to terms such as "team effort" and "ballpark figure" as indicators of this fascination with sports. When Pinson consulted her mother about becoming a cheerleader as a child, her mom advised to pass on the cheers saying, "You

**"I stand on the shoulders of our giant ancestors and feel it's my responsibility to also develop broad shoulders for those who follow to stand on."**

# 221st BSB – Wiesbaden, Wackernheim, Dexheim



Photo by Cassandra Kardeke

## Goodies for soldiers

John Gordon, a fourth-grade student at Hainerberg Elementary School, bags up pens, toiletries, candy and other goodies to be shipped to soldiers deployed in conjunction with Operation Iraqi Freedom. Coordinated by the school's Talented And Gifted teacher, Caroll Bradley, and the school's Parent Teacher Association, several fourth- and fifth-grade students spent their "day off" from school at school sorting through boxes of goods that were then sent to deployed soldiers. "These were all items donated by companies and families in the States that were shipped, but somewhere along the way the boxes were destroyed, so we volunteered to go through all of them and bag everything individually," said Bradley. The boxes were then repacked with individual bags to be passed out to soldiers deployed to the Central Command.

## Commander's corner

# Celebrating our volunteers

Commentary by Lt. Col.  
**Dennis E. Slagter**  
221st Base Support Battalion  
Commander

April is the month we recognize volunteers throughout our community. Volunteers come in many forms, from the soldier mentoring a student in one of our schools, spouses working together in our Family Readiness Groups, to civilians, youths and even retirees volunteering their time and effort to help make our community a better place.

No day goes by in our community that isn't affected by volunteers. With over 1,000 volunteers we have had successful events such as the Wiesbaden Community Spouses Club Lamplighter

Bazaar, Tree Lighting ceremonies, Kinderfest and many more. Events such as these couldn't be made possible without the hard work and dedication of the volunteers who help set things in motion.

We rely heavily on volunteers even in our daily activities. From the Red Cross volunteer who assists physicians and screens patients at the Wiesbaden Health Clinic to the volunteers who sort and pitch mail in our community mailrooms on a daily basis. It's amazing to see the people in our community come together to make a difference in all of our lives.

Together Everyone Accomplishes More. Team 221st is a team of soldiers, civilians, family members, retirees and volunteers com-

ing together to make our community the best that it can be. There is always room for more—volunteers are always in demand. If you want to help make a difference in the community, take a few minutes to talk to our new volunteer coordinator, K.C. Bertling, at the Army Community Service building in Hainerberg Housing. Having started out as a volunteer herself, she has a wealth of information and can direct you to where volunteers are needed the most in our community. We'll also be recognizing our volunteers April 23 at the Community Activities Center at 6 p.m. I encourage you to join us as we thank those who donate their time to help make a difference.